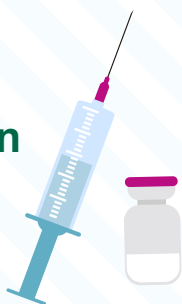


# #ContraceptionChecklist

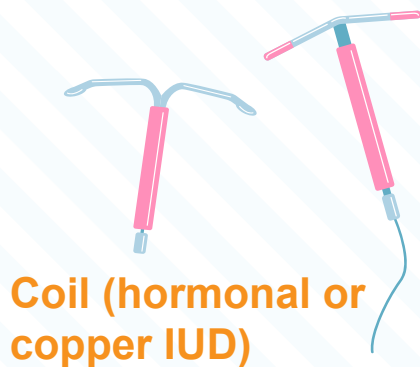
When it comes to contraception,

I don't like taking pills  
or remembering to use  
something each time  
I have sex.

**Contraception  
injection**



**Vaginal ring or patch**

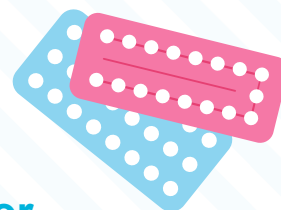


**Coil (hormonal or  
copper IUD)**

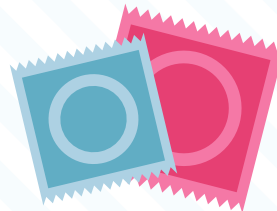


**Contraception  
implant**

I remember to take pills  
or use something each  
time I have sex.



**Combined or  
progestogen-only pill**



**Condoms**

For more information  
on your contraception  
choices:

