

# #ContraceptionChecklist

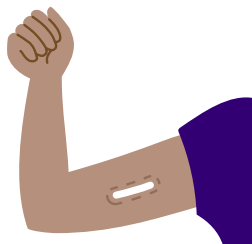
**Which contraception is best for me?**

There are many different contraception options and it's important to find the right choice for you.

**Contraception injection**

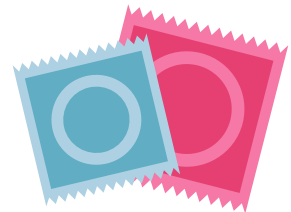
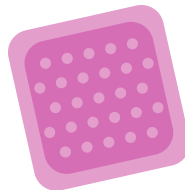


**Combined pill**



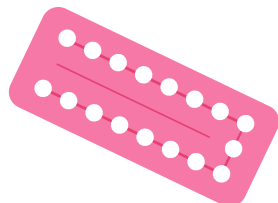
**Contraception implant**

**Contraception patch**



**Condoms**

**Progestogen-only pill**



**Coil (hormonal or copper IUD)**



**We can help advise on the right contraception for you and where to access it:**

